

HOW TO PRAY THE ROSARY

A SIMPLE STEP-BY-STEP GUIDE



THE MYSTERIES

JOYFUL MYSTERIES

(Monday & Saturday)



1. The Annunciation
2. The Visitation
3. The Nativity
4. The Presentation
5. The Finding in the Temple

LUMINOUS MYSTERIES

(Thursday)



1. The Baptism of Jesus in the Jordan
2. The Wedding at Cana
3. The Proclamation of the Kingdom
4. The Transfiguration
5. The Institution of the Eucharist

SORROWFUL MYSTERIES

(Tuesday & Friday)



1. The Agony in the Garden
2. The Scourging at the Pillar
3. The Crowning with Thorns
4. The Carrying of the Cross
5. The Crucifixion

GLORIOUS MYSTERIES

(Wednesday & Sunday)



1. The Resurrection
2. The Ascension
3. The Descent of the Holy Spirit
4. The Assumption
5. The Coronation of Mary

THE HAIL, HOLY QUEEN

Hail, Holy Queen, Mother of Mercy, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious Advocate, thine eyes of mercy toward us, and after this our exile show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary. Pray for us, O Holy Mother of God. That we may be made worthy of the promises of Christ. Amen.



PRAY WITH DEVOTION

- ♥ Find a quiet place and eliminate distractions.
- ♥ Meditate on each mystery and its meaning.
- ♥ Pray slowly and with your heart.

THE HAIL MARY

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.